

**Table 1: Summarization of Studies Included in Qualitative Synthesis**

<b>Research Approach</b>	<b>Study Design</b>	<b>Counts</b>	<b>N</b>
Quantitative			22 (73%)
	Cross-Sectional	8	
	Randomized Controlled Trials	10	
	Pre-test, post-test	2	
	Longitudinal	1	
	Non-Randomized Controlled Trial	1	
Qualitative			5 (17%)
	Thematic Analysis	4	
	Content Analysis	1	
Mixed-methods			3 (10%)
	Prospective Study	1	
	Feasibility Study	1	
	Exploratory Sequential Mixed-Methods	1	